

Volume 37 • Issue 2

The Sentinel

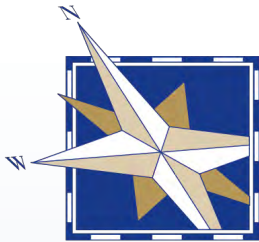
February 2020



Brought to you by Primrose Retirement Community

Sock Hop

Thursday, February 13 - Dinner served at 5:30 pm



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday-Friday: 8 AM-4 PM

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Take a trip down memory lane, as we transform the Senior Center into a 1950s high school gymnasium, decorated accordingly and complete with live music, for a good old-fashioned “Sock Hop”!

Our talented musical guest **Steve Brown** will be performing all of your classic favorites! He will play popular hits from iconic entertainers of yesteryear, including Buddy Holly, Connie Frances, Chuck Berry, Patsy Cline and Elvis.

In the spirit of the era, we will be serving a dinner menu featuring Coney dogs, pretzels & chips, root beer floats, and dessert at 5:30 pm.

Tickets for the Sock Hop are **\$8** for Members/**\$10** for Non-Members, and are available from *Jackie King* until **Friday, February 7**.



Friendly Reminder

Your 2020 Membership Dues
Were Due Prior to January 1

Senior Center Services

Elder Care Law

Certified elder law attorney, **Steve Roush**, representing the law firm of **Daniel P. Seink Co., Ltd.**, is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Please contact him at **(740) 418-1840** or **1-800-393-2324** to schedule your free appointment.

Tech Time with TJ

T.J. Badertscher from **Center Street Community Health Center** will be here on **Wednesday, February 26** beginning at **10:30 am** to offer free assistance to anyone wanting to learn how to better use their Smartphones, tablets, iPads and other digital devices. Please call **(740) 387-6100** to schedule a half hour appointment.

Desserts & Memories

Sara Middleton from **Kindred Hospice Marion** hosts a monthly grief support hour the **2nd Wednesday** each month from **3 to 4 pm** in the **Multipurpose Room**. This support group is for adults who have experienced the death of a loved one and are looking for a safe space to process grief, assured they are not alone. This support group is free and open to the public.

Food Box Program

If you or someone you know are in need of food assistance please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)** The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and income eligible.

LUNCH AT THE CENTER

Hot and cold delicious, nutritious meals are available at the Marion Senior Center for anyone age 60+ **every Tuesday-Friday at 11:30 am**. Call Life Care Alliance at **1-888-656-6831** for details. You do not need to be a Senior Center member to participate in the Dining Center program.

NEW MEMBER MIXER

These quarterly gatherings are hosted on a **Friday at 11:30 am**. All recent new members are invited to join staff & volunteers for a free lunch, compliments of **DeWolfe Place**. Our next *New Member Mixer* is **Friday, April 3**. If you are planning to attend, please call **Lisa Richardson** at **(740) 387-6100** to RSVP.

Free! HEALTH & WELLNESS CHECKS

A Registered Nurse from **American Nursing Care** will be here the **second Thursday** of each month from **9 - 11 am**. Checks will include blood pressure and pulse as well as pulse oximetry which measures the oxygen level of the blood. No Charge. First come first served.

MONDAY LUNCH MENUS* *Subject to change

Feb. 3	Feb. 10	Feb. 17	Feb. 24
Chicken Tenders	Bean Soup	<i>The Center will be Closed for President's Day</i>	Chicken Sandwich
Potato Patties	Cornbread		Potato Salad
Tossed Salad	Cole Slaw		Baked Beans
Pie	Pears		Cobbler



Participants in our new ETA (Exploring the Arts) program have been learning about different crafts while creating some unique projects through their hands-on experience.

Upcoming Events

AARP Tax Season is Here! Tax-Aide™

AARP Tax-Aides are planning to be of assistance to the residents of Marion County with tax preparation on **Fridays** beginning next month at Marion Senior Center. Please call **(740) 387-6100** to schedule an appointment (*required*) to have your taxes prepared and e-filed. Tax preparation begins on Friday, February 7, 2020.

Please bring the following to your appointment:

- A copy of your last year's tax return along with a picture ID for the taxpayer(s) on the return.
- Social Security cards or ITIN documentation for all.
- Income documents – Forms W2, SSA 1099, 1099R, 1099G, other 1099 forms, self-employment income statements and information, along with any other income documents you may have.
- Brokerage statements – sale of stocks or bonds.
- Healthcare – 1095 A, B, or C.
- Bank check for direct deposit/debit refund/balance due.
- Receipts for all deductions to itemize or expense.
- Records of federal and state taxes paid.
- Educational expenses – Form 1098-T and exp. receipts.

Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Sock Hop** - Thursday, Feb. 13; 5 pm
- **St. Paddy's Day Lunch** - Monday, March 16; 11:30
- **Easter Dinner** - Thursday, April 9; noon
- **Volunteer Appreciation Day** - Monday, April 20
- **Senior Citizens Day** - Monday, May 11; noon



"Intro to Fitness" class members have fun while improving their strength and balance with certified personal trainer Cindy Jennings.

Senior Center Classes, Clubs & Activities

Craft Class (Monday)

Instructor **Sue Rodman's Monday** class meets on Mondays at **12:30 pm** in the *Craft Room*.

Cost is \$10 per project, which covers the cost of materials. Photo of the project is posted on the Activity Board near Lisa's office. **Note:** *There will be no Craft Class in February.*

'Hooks & Needles'

Instructors **Jeanne Howison** and **Olivia VanSickle** will lead our new knitting/crocheting hour, aptly named "Hooks & Needles". The group will meet on **Tuesdays at 2 pm** in the *Craft Room*. Learn to knit, crochet or just build on your skills. Some assorted yarn available.

Open Sewing

Our *Craft Room* will be open on **Wednesdays at 12:30 pm** to all those who sew, beginners to advanced. Beginners can learn from the more advanced members in this fun, relaxed setting. Projects are on your own. Sewing machines & some material/thread/supplies are available.

Photography Class

Instructor **Royce Farson** will teach you how to use your camera. Her class has a new assignment each month and meets in the *Game Room* from **2-3 pm** on the **first Wednesday each month** to share their photos. **Note:** *The class will be taking a break in January and February, then will return in March.*

Liquid Stained Glass

Join instructor **Dee Harshfield** as you create beautiful liquid stained glass projects. This class meets **on Tuesdays at 1:30** in the *Craft Room*. Cost for the class is **\$10**, which covers the cost of materials. **Note:** *There will be no Liquid Stained Glass Class in February.*

Recipe 'Prepare & Share'

Cooking enthusiasts meet out front near the kitchen on the **2nd Wednesday** each month at **Noon** to prepare and share our favorite dishes along with the recipes. This month's theme is **"Soup or Salad"**...so bring your best soup or salad to share, along with copies of your recipe.

Monday Mind Games

Carla Poston from *ProCore Health Brokers*, will host *Mind Games* on **Monday mornings**. This class meets in the *Craft Room* at **9:30 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for a Timbit and fun!

Breakfast for the Brain

Jump start your day - and your brain - at **9:30 am** on **Thursday mornings**, as **Shannon Kimble** from *Community Care* discusses fun trivia questions over orange juice and *Andrew's* pastries.

Kingston Bingo

Tammy Millisor of *Kingston Residence of Marion* hosts Bingo at **10 am** in the morning on the **second Friday** each month. Lots of fun and prizes!

Senior Center Bingo

Florence Wright will call Bingo at **12:30 pm** on the **third Wednesday** each month.

Heartland Trivia

Hillary Gray from *Heartland* will be hosting "Trivia" games on the **second Wednesday of each month at 10 am** in the *Craft Room*. Heartland also provides breakfast goodies!

Left, Right, Center (LRC)

This wildly popular dice game is easy to learn and simple to play... with lots of prizes to win! The group meets out front with **Theresa Randall** of *Kindred Hospice* on the **second Thursday** and with **Cindy Jeffrey** from *Kindred Hospice* on the **fourth Tuesday** each month at **2:30 pm**.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is available for **\$3.50** and is served at **noon**. Music is performed from **1 to 3 pm**. Public welcome!

Mahjong

Mahjong is a traditional Chinese tile game, played by four people around a table. The group has a lot of fun and welcomes beginners. They meet near the *Kitchen* on **Thursdays at noon**.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. Or join the *'Morning Coffee Crew'* on **Monday, Wednesday, and Friday mornings at 8:30 am**. Everyone is welcome to play!

Zumba® Gold Toning & Strength Training

Certified *Zumba* Instructor & Certified Personal Trainer **Michelle Del Valle** will lead the **Zumba Gold - Toning** classes every **Tuesday morning at 10 am** followed by **Strength Classes at 11 am**. **Cost is \$3 for each class**. Both classes are **FREE** for Silver Sneakers members.

Morning Line Dancing with Royce

This **Line Dancing** class meets on **Monday and Friday** mornings at **9:30 am**. Instructor **Royce Farson** always welcomes new class members in both classes.

Afternoon Line Dancing with April

This **Line Dancing** class meets on **Tuesday** afternoons at **2:15 pm**. Instructor **April Morrison** always welcomes new members.

New! Beginners YOGA

Instructor **Laura Brown** will lead a **Beginners YOGA** class on **Thursdays at 11:30 am**. Class will progress slowly beginning with chair yoga. Yoga is very beneficial for both mental and physical well being. Relieving stress, improving posture, flexibility, and balance are benefits of yoga. **Cost is \$3 per class**, payable to Laura Brown.

New! Intro to Hatha YOGA

Instructor **Laura Brown** will lead an intro level **HATHA YOGA** class on **Wednesdays at 3 pm**. This yoga focuses on physical postures, supportive breathwork, and flexibility. **Cost is \$3 per class**, payable to Laura Brown.

Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of **Schwinn®** fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper and lower body strength and conditioning. **The Fitness Center is open to members anytime the Center is open**. Please consult your physician before beginning any exercise activities.

Intro to Fitness

This class is a great way to get started on your journey to better health and wellness! The group meets **Wednesday** mornings at **9:30 am** in the **Fitness Center**, led by Certified Personal Trainer **Cindy Jennings**. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance.

Choir

Director **Ednita Vaflor** welcomes everyone to join the Center's choir, "Seniors in Song". Practices are held on **Thursday** mornings at **9:45 am**.

Bridge

If you like to play Bridge, there are two opportunities to play. Bridge is hosted every **Monday and Tuesday** at **10 am**. Everyone is welcome to play!

Euchre

Progressive Euchre is played on **Mondays at 12:00 pm** and **Bid Euchre** plays on **Thursdays at 12:00 pm**. Both groups meet out front. Everyone is welcome to play!

Hand & Foot Card Game

This group will meet in the *Game Room* on **Mondays at 12:15 pm** and **Thursday mornings at 11 am**. Anyone interested is welcome to join in the fun!

Texas Hold 'Em

This group will meet in the *Out Front* on **Tuesdays at 12:30pm**. Everyone is welcome to play!

Mexican Poker

This group will meet in the *Craft Room* on **Friday** afternoons at **1:00 pm**. Everyone is welcome to play!

Dominoes

Dominoes is easy to learn and lots of fun! The group meets out front on **Tuesday afternoons at 12:15 pm**.

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesdays at 1 pm**.

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes on **Wednesdays at 10:30 am** and **Fridays at 1:30 pm** in the *Multipurpose Room*.

Scrabble

Learn to play *Scrabble®*, a word game in which players score points by placing tiles, each bearing a single letter, onto a game board to spell words. The group meets out front on **Fridays at 11am**.

February 2020 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>F = Food Box Day T = Trip Departure D = Thursday Evening Dance</p> <p>*See Article Inside for Details</p>	<p><i>Live Music!</i> 'SOCK HOP'</p>  <p>©LPi Thurs. Feb. 13 5:30 - 8 pm</p>	 <p><i>Wednesday</i> Intro to Hatha YOGA <i>Thursday</i> Beginners YOGA</p>	<p><i>Save the Date!</i></p>  <p>LUNCH EVENT Monday, April 9 11:30 am</p>
<p>8:30-Open Billiards 3 9:00-Exercise 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:15-Hand & Foot Cards</p>	<p>9:00-Aerobics 4 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-RSVP! Food for Thought* 12:30-Texas Hold 'Em 1:00-Rummikub 2:00-Hooks & Needles 2:15-Line Dancing</p>	<p>8:30-Open Billiards 5 9:00-Exercise 9:30-Intro to Fitness 10:00-Heartland Trivia* 10:30-Tai Chi* 12:00-Recipe Prepare & Share* 12:30-Open Sewing* 3:00-Desserts & Memories* 3:00-New! Intro to Hatha YOGA*</p>	<p>9:00-Aerobics 6 9:00-Health & Wellness Checks* 9:30-Breakfast for the Brain* 9:45-Choir* 11:00-Hand & Foot Cards 11:30-New! Beginners YOGA* 12:00-Bid Euchre 12:00-Mahjong</p>
<p>8:30-Open Billiards 10 9:00-Exercise 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch* 12:00-Pinochle 12:00-Euchre 12:15-Hand & Foot Cards</p>	<p>9:00-Aerobics 11 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Rummikub 2:00-Hooks & Needles 2:15-Line Dancing</p>	<p>8:30-Open Billiards 12 9:00-Exercise 9:30-Intro to Fitness 10:30-Tai Chi* 12:30-Open Sewing* 3:00-New! Intro to Hatha YOGA*</p>	<p>9:00-Aerobics 13 9:30-Breakfast for the Brain* 9:45-Choir* 10:00-ETA: "Creating with Cricut"* 11:00-Hand & Foot Cards 11:30-New! Beginners YOGA* 12:00-Bid Euchre 12:00-Mahjong 12:30-Popcorn & Movie* 2:30-LRC*</p> <p>5:30-Sock Hop*</p>
 <p>17 The Center is Closed Today</p>	<p>9:00-Aerobics 18 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-RSVP! Food for Thought* 12:30-Texas Hold 'Em 1:00-Rummikub 2:00-Hooks & Needles 2:15-Line Dancing</p>	<p>8:30-Open Billiards 19 9:00-Exercise 9:30-Intro to Fitness 10:30-Tai Chi* 12:30-Open Sewing* 3:00-New! Intro to Hatha YOGA*</p>	<p>9:00-Aerobics 20 9:30-Breakfast for the Brain* 9:45-Choir* 11:00-Hand & Foot Cards 11:30-New! Beginners YOGA* 12:00-Bid Euchre 12:00-Mahjong</p>
<p>8:30-Open Billiards 24 9:00-Exercise 9:30-Mind Games* 9:30-Line Dancing 10:00-Bridge 11:30-Lunch 12:00-Pinochle 12:00-Euchre 12:15-Hand & Foot Cards 12:30-Food Box Day* F</p>	<p>9:00-Aerobics 25 9:00-Books, Balance & BS 10:00-Bridge 10:00-Bible Study 10:00-Zumba Gold Toning 11:00-Strength Training 12:15-Dominoes 12:30-Texas Hold 'Em 1:00-Rummikub 2:00-Hooks & Needles 2:15-Line Dancing</p>	<p>8:30-Open Billiards 26 9:00-Board Meeting 9:00-Exercise 9:30-Intro to Fitness 10:30-Tech Time with TJ* 10:30-Tai Chi* 12:00-Lunch* 12:30-Open Sewing* 1:00-Jam Session 3:00-New! Intro to Hatha YOGA*</p>	<p>9:00-Aerobics 27 9:30-Breakfast for the Brain* 9:45-Choir* 11:00-Hand & Foot Cards 11:30-New! Beginners YOGA* 12:00-Bid Euchre 12:00-Mahjong</p>

Birthdays & Anniversaries

FRIDAY

Save the Date!

Easter Dinner



Thursday, April 9

8:30-Open Billiards
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble
1:00-Card Game 31
1:00-Mexican Poker
1:30-Tai Chi

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8:30-Open Billiards
9:00-Exercise
9:30-Line Dancing
10:00-Kingston Bingo*
11:00-Scrabble
1:00-Card Game 31
1:00-Mexican Poker
1:30-Tai Chi

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8:30-Open Billiards
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble
1:00-Card Game 31
1:00-Mexican Poker
1:30-Tai Chi

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8:30-Open Billiards
9:00-Exercise
9:30-Line Dancing
11:00-Scrabble
1:00-Card Game 31
1:00-Mexican Poker
1:30-Tai Chi

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February Birthdays

Ronald Scheff, Sr.	Feb 01	Nancy Riley	Feb 10	Judy Kuchar	Feb 20
Carolyn Stockdale	Feb 02	Thelma Hawkins	Feb 10	Beth McFann	Feb 20
Donald Wilson	Feb 02	Keith Rasey	Feb 10	Mary Goddard	Feb 20
Nick Wisda	Feb 02	Deborah Browning	Feb 10	Tracy Phillips	Feb 20
Lisa Grant	Feb 04	Dennis Doyle	Feb 10	Jo Rose	Feb 21
Sandy Love	Feb 04	Dianna Hamilton	Feb 10	Jackie Hamilton	Feb 21
Karen Zimmerman	Feb 04	Joelle DeFranks	Feb 10	Joseph Hotz	Feb 22
Evelyn Lowry	Feb 04	Avon Ault	Feb 10	Philip Schaber	Feb 22
Bonnie Cunningham	Feb 05	Vicky Branson	Feb 11	Frank Isaacs	Feb 23
Lesa Williams	Feb 05	Joan Chapman	Feb 11	Elaine Kelly	Feb 23
Linda Holliday	Feb 06	Bill Cones	Feb 11	Cheryl Dematteo	Feb 23
Jeff Ruth	Feb 06	Judith Baker	Feb 11	Clare Cooke	Feb 24
Philip Feldman	Feb 06	Carl Mounts	Feb 12	John Edward Kosto	Feb 24
Wanda Parsons	Feb 07	Phyllis Thatcher	Feb 13	Grace Leser	Feb 24
Helen Slemmons	Feb 07	Dennis Polter	Feb 13	Patricia Wren	Feb 24
Patricia Fortney	Feb 08	Eva Foes	Feb 14	Sharon Hart	Feb 24
Cathy Linstedt	Feb 08	Linda Jolliff	Feb 14	Harvey Erlewine	Feb 25
Diane Morgan	Feb 08	Mary Brelsford	Feb 14	Mary White	Feb 25
Barbara Seitter	Feb 08	Brad Richardson	Feb 14	Linda Jenkins	Feb 26
Pamela Ruhl	Feb 08	Bruce Burchette	Feb 15	Charlie Blankenship	Feb 26
Cheryl Huffman	Feb 08	Bill Carver	Feb 15	John Kyle	Feb 27
Marian Crile	Feb 09	Nancy Moser	Feb 16	Rebecca Gustin	Feb 27
Linda Lynn Smith	Feb 09	Bradley Boston	Feb 16	Inez Van Meter	Feb 27
Karen Nance	Feb 09	Amy Straw	Feb 17	Phyllis Franklin	Feb 27
Sharon Callahan	Feb 09	Raymond Wolfel III	Feb 19	Doyle McGlothlin	Feb 29
Dave Elliott	Feb 09	Bob Shaw	Feb 20	Barbara Clark	Feb 29
Kay Crabtree	Feb 10	Linda Kayatin	Feb 20		

February Anniversaries

Russel & Janis Miley	February 19, 1952	68 years
Paul & Becky Oehler	February 14, 1965	55 years
Bradley & Rebecca Boston	February 18, 1968	52 years
Barry & Carol Miller	February 13, 1971	49 years
Randy & Janie Moore	February 09, 1973	47 years
Dennis & Cecilia Witsberger	February 25, 1977	43 years
Rick & Vickie VanGilder	February 17, 1980	40 years
Tim & Pat Mantey	February 05, 1983	37 years

New Members

Pamela DeGood	Diane & Paul Shaul	Ed & Sandy Thompson
LeAnn Jones	Elizabeth Branham	Paula Kline
Jim & Barb Greetham	Fern Parish	Deborah Cramer

Volunteer of the Month

MEET JERRY WEBBER

By Tim Frericks

Our volunteer of the month, Jerry Webber, is truly a man for all seasons with the additional quality of possessing a big heart. His vast array of mechanical and operational skills and his desire to volunteer make him an indispensable member of our Center.

Jerry was born in Galion, Ohio in 1954 and he now resides in Marion. After Galion High School graduation he began a 35 year career in maintenance at Carter Machine Shop in Galion. Following his Carter employment he worked at Silverline in Marion from 2010-2017.

Perhaps one of the most momentous events of his life occurred in 1979 when he joined the Air National Guard and became a “weekend warrior” of sorts. He reported one weekend every month to their Mansfield, Ohio Air Force National Guard facility. He was never actually deployed but attended their technical school learning plumbing and aircraft metal technology. This training certified him as an aircraft metal technician allowing him to repair airplanes. Jerry retired from the Air National Guard in 2000.

The plumbing skills he learned have enabled him to repair faucets and drains in the kitchens of our Center and install a commode and perform other plumbing services for various private citizens, all on a volunteer basis.

Another very important event in Jerry’s life has been his marriage to Tammy. Jerry met her at a family reunion in Arkansas and they



have enjoyed 21 years of marriage. The couple spend almost every summer weekend camping out. Jerry has 5 children including four girls. He also has 14 grandchildren.

He retired from the Air National Guard with the rank of “Technician Sargent” and the skills he learned there have enabled him to increase his volunteer work and to restore his 130 year old home on East Church Street in Marion.

Jerry’s concern for other people has no limits. He recently volunteered with the Red Cross in their “sound alarm” program. This program provides free smoke alarms to people whose homes need them. Jerry’s function is to deliver and install the smoke alarms. He proudly states that he has installed a smoke alarm in a home with 11 children and potentially saved 11 lives.

The beauty of Jerry Webber is that he is using his knowledge and many skills motivated not to make money but to benefit others.

Featured EVENTS



◀◀ Popcorn & Movie ▶▶ Thursday, February 13 - 12:30 pm

Experience the fun of an afternoon matinee, complete with a complimentary box of popcorn during this monthly event! We set up theater-style seating in the *Multipurpose Room*, then lower the shades and dim the lights to create a movie theater atmosphere for you to sit back, relax, and enjoy watching a newly released movie on our big screen TV! Feel free to come alone, or join some friends! *Please see the poster located on the activity board near Lisa's office for movie details.*



Creating with Cricut

The next session of ETA (*Exploring the Arts*) will be **Thursday, February 13** from **10 - noon** in the *Craft Room*. Instructor **Janie Moore** will be teaching class members how to utilize a Cricut® Machine when making crafts. The class project will include making a card and a decorative jar personalized with your name.



'Food For Thought'

Tuesday, Feb. 4 - 12:30 pm. **Please RSVP to Lisa*

Topic: "Learning How To Live My Best Life"

*Instructor: Shari Williamson, Children's Author,
The Woodland Elves*

Tuesday, Feb. 18 - 12:30 pm. **Please RSVP to Lisa*

Topic: "Reflexology"

Instructor: Karen Kirts

Trips on the Horizon

LaComedia: 'Footloose'

Fri., April 17

We will travel to Springboro, OH on this *Brewster Tour* trip to enjoy dinner and a show. *La Comedia*, is one of the nation's largest professional dinner theaters known for their Broadway-style productions and a famous mouth-watering buffet. Based on the 1984 hit film, '**Footloose the Musical**' features an Oscar and Tony-nominated musical score and soundtrack with hits such as "Let's Hear it for the Boy", "Almost Paradise", "Holding Out for a Hero", and "Footloose". Cost is \$89* per person.

Western 'Fixer Upper' Adventure Missouri, Oklahoma, Texas and More!

June 11 - 20

We will travel out west on this *Brewster Tour* which features stops in Oklahoma to visit **Precious Moments Visitors Center and Chapel**, the famous **Pioneer Woman's Mercantile**, **Oklahoma City National Memorial and Museum**; quality time in San Antonio, Texas with an overnight stay on the **Riverwalk** and guided city tour including **Mission San Jose** and the **Alamo**; next on to Waco, TX for a stop at **Magnolia Market and Silos** with a guided '**Fixer-Upper**' tour and dinner at **Waco Winery**; next stop Dallas, TX for a guided tour of the city and visit to the **6th Floor Museum**; then on to Memphis, TN to visit **Graceland** with the '**Elvis Experience**' and overnight stay at **Guest House at Graceland**; and finally Nashville, TN with dinner at **Opry Backstage Grill** and premium seating for the **Grand Ole Opry** performance. Cost is \$2187* per person, includes admissions and tours, 9 breakfasts, 2 lunches, 5 dinners, and 9 nights lodging.

**Double Occupancy*

Pigeon Forge & Smoky Mountains Show Trip

Mon. - Fri., September 14 - 18

This *Diamond Tours* trip features two dinner shows: **Soul of Motion** and **America's Hit Parade**; two evening shows **Wonders of Magic** and **Country Tonite**; one morning show: **The Smith Morning Variety Show**; free time in historic downtown Gatlinburg; guided tour of the **Great Smoky Mountains National Park**; admission to **Titanic: The World's Largest Museum** attraction; eight meals (4 breakfasts/4 dinners); and 4 nights lodging. Cost is \$529* per person. Call or see Lisa for full details. **Double Occupancy*

Attention: The Arizona Trip in March has been cancelled due to lack of sign-ups

Hawaiian Island Cruise

November 12 - 21, 2020

We currently have 39 members signed up!

This *Prime Tours* cruise aboard Norwegian Cruise Line allows you to see four islands in seven days. This award-winning itinerary gives you 100 hours in port, so you can capture the spirit and soul of Hawaii as you visit Oahu, Kauai, Maui, and the Big Island. Plus 2 nights in Honolulu, tours to Pearl Harbor and beautiful North Shore. Cost is \$3999 - \$4899 per person* which includes round trip airfare from Columbus to Honolulu, 2 nights hotel on Oahu, 7 night cruise on Norwegian Pride of America.

**Price based on Double Occupancy & cabin location preference. Airfare subject to change. Final airfare available January 2020. Extra fee for checked bag may apply.*

Indians at Reds Overnight

Tues. - Wed., July 7 - 8

We will travel to Cincinnati, OH on this *Prime Tour* trip to enjoy a "Battle of Ohio" baseball game between the **Cincinnati Reds and Cleveland Indians**. The trip starts with a private guided tour of the **American Sign Museum**, before checking in to **Radisson Hotel** in Covington, Kentucky prior to the game. Then we'll enjoy dinner (*on your own*) and great lower level seats to watch the game at **Great American Ballpark**. On day two, we'll enjoy breakfast, then learn about the history and heritage of Cincinnati and Northern Kentucky on a guided **American Legacy Tour**. Cost is \$365* per person. **Double Occupancy*

Chicago

Explore the Wonders of the Windy City

Fri. - Sun., August 7 - 9

We will travel to Chicago, Illinois on this *Brewster Tour* trip to enjoy a **guided tour** of the "Windy City", shopping on the **Magnificent Mile**, fun attractions and activities exploring historic **Navy Pier**, and watching a professional baseball game at the former Comiskey Park between the **Chicago White Sox and Cleveland Indians**, plus a patio pass to an all-you-can-eat buffet located in the stadium. Cost is \$550* per person, includes admissions and tours, 2 breakfasts, 2 nights lodging, and transportation.

**Double Occupancy*

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
PAID
Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Cindy Jennings

Transportation Coordinator: Barb Arms

Bookkeeper: Jackie King

Maintenance Supervisor: Jay Yarger

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

**Handicap-accessible transportation is now available!*

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.