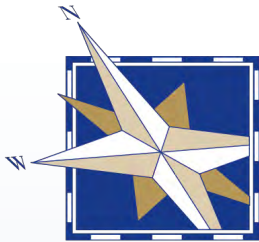


The Sentinel

April 2021



**2375 HARDING HWY. EAST
MARION, OHIO 43302**

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

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**The Center will
Remain Closed Until
Further Notice**

Hope Springs Eternal

The COVID-19 vaccinations being administered in Ohio seem to be making the positive impact we have been hoping for. The numbers are sure trending in the right direction - new infections, hospital admissions, and virus deaths are all heading down, down, and down.

Even though there is still more progress to be made, things are looking good. But now is not the time to get complacent. We all must continue to be diligent about washing hands, wearing masks in public, and practicing social distancing. If we stay the course, better days should be here sooner rather than later!

We currently have several job opportunities for the right individuals here at the Center. If you or someone you know are looking to make a difference in the lives of others, one of the following positions might be of interest:

Transportation Coordinator - Assist senior clients through scheduling and dispatching of vehicles in response to telephone request for service to and from appointments in Marion County.

Personal Shopper - Provide elderly clients with assistance such as shopping and errands that will allow the clients to function independently in their own homes.

Contingent Van Driver - Responsible for providing safe, timely transportation for elderly clients to and from homes to predetermined destinations, via Senior Center's transportation van, for the purpose of helping the client to remain independent in their homes.

Applications and job descriptions for these rewarding positions can be downloaded from the City of Marion website at:
<https://www.marionohio.us/employment>

Applications can be submitted in person or by mail to:
City of Marion, Human Resources, 233 W. Center St., Marion, OH 43302

Be Kind & Stay Well,
Steve Badertscher, Director

Senior Center Services

Elder Care Law

Certified elder law attorney, **Steve Roush**, representing the law firm of **Daniel P. Seink Co., Ltd.**, is available for **free** one-on-one consultations to discuss specific legal questions with our members each month. Steve specializes in estate planning, VA benefits planning, and Medicaid benefits planning. Please contact him at **(740) 418-1840** or **1-800-393-2324** to schedule your free appointment.

Tech Time with TJ

T.J. Badertscher from **Center Street Community Health Center** will be here on the **last Wednesday each month** beginning at **10:30 am** to offer free assistance to anyone wanting to learn how to better use their Smartphones, tablets, iPads and other digital devices. Please call **(740) 387-6100** to schedule a half hour appointment. **Postponed.**

Food Box Program

If you or someone you know are in need of food assistance, please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.



HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.

FREE PRODUCE MARKETS

Marion City Schools is collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed from **9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds** Main Entrance parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**. Next distribution date is to be announced.



MEMBERSHIP DUES UPDATE

As reported in our December newsletter, in consideration of the Senior Center continuing to remain closed due to the coronavirus pandemic, **at this time we will not be collecting 2021 membership dues** until a potential reopening date is announced. However, all members who paid for a membership in 2020 will continue to receive your **Sentinel** newsletter each month.



Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives



HOME ENERGY ASSISTANCE PROGRAMS

Eligible low-income
Ohioans can get help with
Utility Bills (HEAP)

For details or a HEAP
application, call the
Consumer Assistance Unit
at 419-524-4144
or 800-860-5799

Monday - Friday 9 a.m. - 5 p.m.

Those 60 & over can
get in-home assistance
with the application



AREA AGENCY ON AGING
Ohio District 5 | Serving North Central Ohio

2131 Park Avenue West, Ontario, Ohio
www.aaa5ohio.org

A Balanced Workout 2

I hope you have all been following along the last few months with my exercise at home articles.

If not, now is a great time to start! Spring is right around the corner and you will want to be fit to work in those gardens or perhaps play a round of golf. For the next 2-3 months I will take exercises from different articles that you have already been doing and mix them around to give you a “balanced workout” that has all the elements.

Cardio, Balance, Stretching and Strength... Do 3 Sets of each exercise.

Wide/Narrow March - Cardio

- March right foot out and forward, March left foot out and forward, return right foot back to starting position, return left foot back to starting position.
- Repeat these motions at a swift pace for 30 seconds and then go to the next exercise.



Open Gate/Close Gate - Balance, Stretching

Chair Recommended for Support

- Bring right knee up until parallel with the floor.
- Move right knee out to the side.
- Bring knee back to center position.
- Place foot back on the floor.
- Repeat 10 times per leg. Move to next exercise.



Lateral Raises - Strength

- Stand or sit with a dumbbell in each hand palms facing in towards your body and arms straight down your sides.
- Slowly with straight arms exhale as you raise the dumbbells out to the sides until you are parallel with the floor.
- Hold for a moment and inhale as you lower the dumbbells back to starting position.
- 10-15 Reps Move to next exercise.



Back Leg Raises - Balance, Strength

Chair Needed

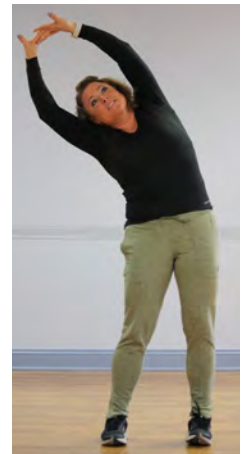
- Stand upright behind chair back.
- Hold lightly onto chair back.
- Lift 1-leg behind you (squeeze glute muscle while doing lift)
- Repeat on other leg.
- 10 Reps each leg. Move to next exercise.



Side Stretch - Balance, Stretching

Standing or Sitting

- Sit with a natural spine.
- Interlace the fingers and reach them overhead (palms facing up)
- Slowly and gently reach the hands (still linked) to the right.
- Hold for 5 seconds then come back to center.
- Slowly and gently reach the hands (still linked) to the left.
- Hold for 5 seconds then come back to center.
- 3 Reps on each side.
- Repeat exercises from the start doing 3 sets each.



Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

COVID-19 VACCINE UPDATES

Do you have questions about the COVID-19 vaccine? Let us help you find the answers you are looking for. Contact the Ohio District 5 Area Agency on Aging Vaccine Information line at **567-247-6503**. Calls are answered and returned Monday – Friday from 9am until 5pm.

What do you need to know about the COVID-19 Vaccines in Ohio?

COVID-19 vaccines are being administered in Ohio, and we know that you may have questions about them. Will they be required? How will I know when it is my turn? Are they safe and effective? Having access to accurate information is key to making an educated decision about choosing to be vaccinated against COVID-19, so AAA5 has compiled some helpful information from reliable sources to some of the most commonly-asked questions at:

<https://www.aaa5ohio.org/covid19/>

When can I get my vaccine?

Vaccines for older Ohioans will be given by physicians, local health departments, hospitals, federally-qualified health centers, in-home health service providers, and some retail pharmacies. How and where to get vaccinated will vary depending on where you live. As more vaccine providers receive shipments, they will be added to this page:

<https://vaccine.coronavirus.ohio.gov/>.

This will allow all Ohioans to search by county, ZIP code, and category to find a provider in their area to administer the vaccine.

How to register in Marion County:

Send an email request to **Marion Public Health** at: appointments@marionpublichealth.org;

Visit **Kroger.com** or call **866-211-5320**

Visit **Meijer.com** or call **740-389-5402**

OhioHealth eligible patients will be notified when they can self-schedule their vaccine online at **MyChart.OhioHealth.com** or the OhioHealth app.

COVID VACCINE NOW AVAILABLE AT WALMART

Walmart now has the Pfizer COVID vaccine available (2 shots).

Those that are computer savvy can register at:

Walmart.com/covidvaccine

But for those seniors who prefer scheduling by phone please call **740-389-4573** and tell the associate you do not have access to a computer or internet and they will register you over the phone. You can also call that same number and push option 1 to ask COVID vaccine related questions.

Walmart is currently establishing a "Waste Avoidance List". This means anyone of any age can register and if they have any vaccine doses left over due to no-shows they will contact people on that list so nothing goes to waste.



Our list of local vaccine providers has expanded!

Eligible Marion residents can now schedule an appointment with:

Walmart at 740-389-4573 or visiting Walmart.com

Meijer at 740-389-5402 or Meijer.com

Kroger at 866-211-5320 or Kroger.com

OhioHealth at 614-533-6999 or OhioHealth.com

You can also schedule an appointment with **Marion Public Health** by calling our office at 730-387-6520 or emailing appointments@marionpublichealth.org.

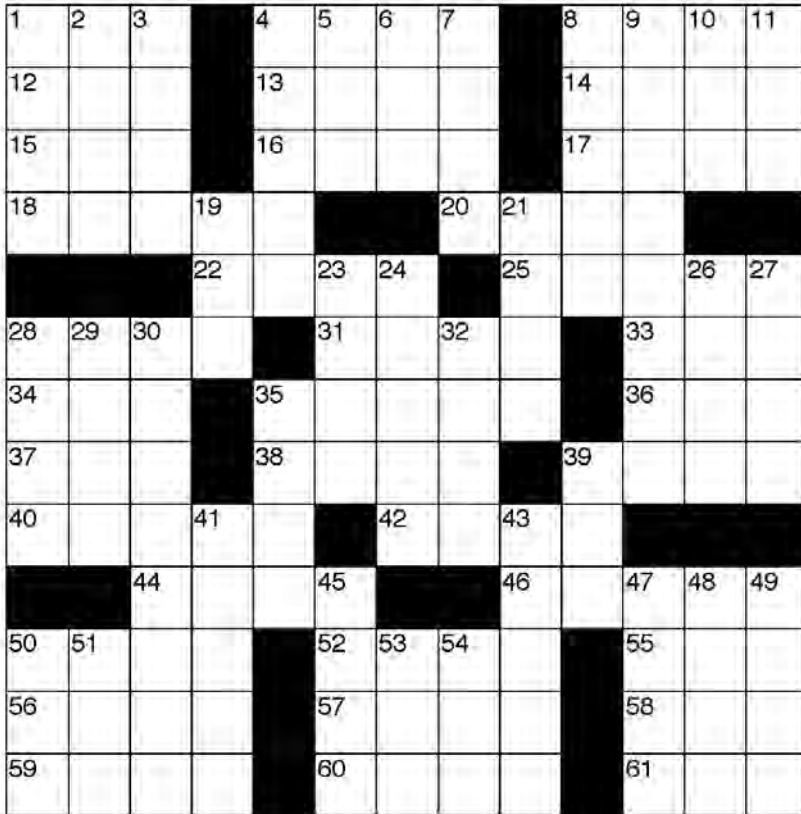


Source: Area Agency on Aging - District 5

Classes, Activities & Programs

CROSSWORD PUZZLE

Answers on Page 13



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A35

ACROSS

- 1 Luzon people
- 4 Fastener
- 8 Inspire
- 12 Eat
- 13 Vivacity
- 14 Bad (pref.)
- 15 According to (2 words)
- 16 Pallid
- 17 Biblical giants
- 18 Ankles
- 20 Site of Hannibal's defeat
- 22 N. Caucasian language
- 25 Glacial pinnacle
- 28 Tube
- 31 Gambol
- 33 Bantu language
- 34 Commotion
- 35 Son-in-law
- 36 Standard (abbr.)
- 37 Self (Scot.)
- 38 Nutmeg husk
- 39 Migratory worker
- 40 Siberian antelope
- 42 High definition television (abbr.)
- 44 Yemen capital
- 46 Rockies peak
- 50 Yahi tribe survivor
- 52 "Cantique de Noel" composer
- 55 Age
- 56 Sign
- 57 Inclined way
- 58 Turk. title
- 59 Defy
- 60 Revise
- 61 The (Ger.)

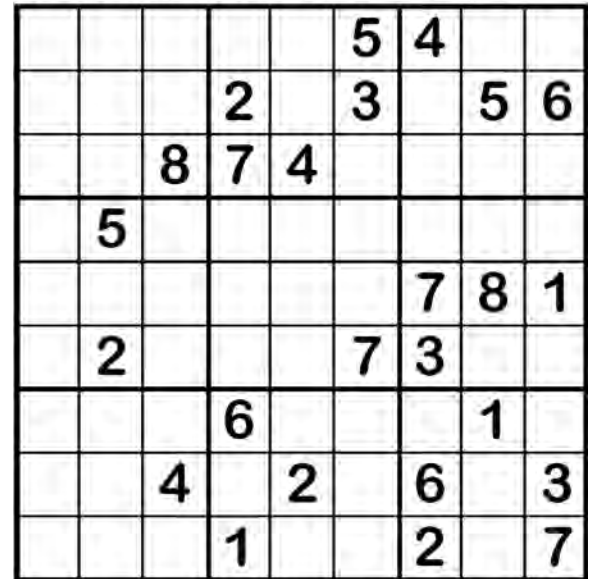
DOWN

- 1 Anti-satellite (abbr.)
- 2 Non-ferrous alloy
- 3 Three-banded armadillo
- 4 Mild
- 5 Axilla
- 6 Rom. first day of the month
- 7 Slavic prince
- 8 Environment
- 9 Alle
- 10 Here (Fr.)
- 11 Read-only memory (abbr.)
- 19 Fr. author
- 21 Heb. zitherlike instrument
- 23 Fancy
- 24 Easy job
- 26 High (pref.)
- 27 Pet lamb
- 28 Approve
- 29 Design
- 30 Emery
- 32 Act
- 35 Federal agent
- 39 Egg (pref.)
- 41 Pedestal for a bust
- 43 Allure
- 45 Berne's river
- 47 Conduct
- 48 Goad
- 49 Moselle tributary
- 50 Iodine (pref.)
- 51 Small (Scot.)
- 53 Family member
- 54 Male friend (Fr.)

Answers on Page 13

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★☆☆☆☆

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "W" = "A"

"WC HCYK BU MHTQ YWCCBM
RQ RBOGKM FHKM WC HCYK
BU GBLD."
- YKHCQJQ EVBNQVR

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E035

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "Q" = "L"

"R BURQB XSU TQH JKOU D NDYB
DQXDHC EDMB D GDI QDKIJKY"
- XJQQ NUYBNC

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E010

Classes, Activities & Programs

What's In Your Garden

G S H T E W E D Y E N O H B L
A Q C N R O C N R N K B P E T
R U A E A A O E I A E R T A U
L A N A R I B K L E T T N N R
I S I S N M P E T O U S L S N
C H P O U M B R O C C O L I I
K Z S C U G I R E O K T A S P
O U U P A R A B R A B U H R C
H C O U C P A R S N I P S T O
L C T A A R E I A T U H R O L
R H A R R R S R E P P E P L L
A I T K R S I O O C S A N L A
B N O O O H S I D A R A E A R
I I P E T P U C H A R D N H D
E P E A S T A L U G U R A S S

Word List:

CARROTS
PEPPERS
CUCUMBER
TURNIP
ONION
POTATO
OKRA
LETTUCE

PARSNIPS
ZUCCHINI
RADISH
ARUGULA
GARLIC
RHUBARB
SQUASH

PEAS
HONEYDEW
PUMPKIN
KALE
SHALLOT
CORN
COLLARDS

BEANS
BROCCOLI
SPINACH
BEET
KOHLRABI
CHARD
ASPARAGUS

Answers on Page 12

April 2021 • Calendar of Events

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--|---------|-----------|----------|
| 1 | 2 | 3 | 4 |
| 8 | 9 | 10 | 11 |
| 15 | 16 | 17 | 18 |
| SENIOR CENTER WILL REMAIN CLOSED UNTIL FURTHER NOTICE | | | |
| 22 | 23 | 24 | 25 |
| 29 | 30 | 31 | |

Birthdays & Anniversaries

FRIDAY

5

12

19

ED

26

April Birthdays

| | | | | | |
|--------------------|--------|------------------|--------|-------------------|--------|
| Jim Caldwell | Apr 01 | Debb Henderson | Apr 13 | Faye Martin | Apr 26 |
| Virginia Cirko | Apr 01 | Bertha Stansbery | Apr 14 | April Morrison | Apr 26 |
| Kaki Anderson | Apr 03 | Laurel George | Apr 14 | Norbert Neutzling | Apr 26 |
| Nancy Garrett | Apr 03 | Sue Wisebaker | Apr 14 | Faye Waddell | Apr 26 |
| Judy Scheff | Apr 04 | Dixie Snyder | Apr 15 | Bonita Moore | Apr 26 |
| Charlotte Rowe | Apr 05 | Albert Steinman | Apr 15 | Rose Fiedler | Apr 27 |
| Barb Greetham | Apr 06 | Dixie Davis | Apr 15 | Frana Koudelka | Apr 27 |
| Betty Knaul | Apr 07 | Cathy Williams | Apr 16 | Nancy Dunnigan | Apr 28 |
| Trudy Sherer | Apr 07 | Peggy Bond | Apr 17 | Howard Huston | Apr 28 |
| Beth Martin | Apr 09 | Fern Parish | Apr 17 | Michael Bowe | Apr 28 |
| Barb Arms | Apr 10 | Phyllis Glasco | Apr 18 | Betsy Blankenship | Apr 28 |
| Mabel Cheetham | Apr 11 | Linda Welch | Apr 18 | Judy Nemeth | Apr 28 |
| William VanBuskirk | Apr 12 | Steve Whipps | Apr 18 | William Dawson | Apr 28 |
| Carol Miller | Apr 12 | Clara Bronson | Apr 20 | Mike Alic | Apr 30 |
| Larry Craft | Apr 12 | Glenette Garver | Apr 20 | Larry Geissler | Apr 30 |
| JoycemMiller | Apr 12 | Connie Colbree | Apr 21 | Pat Miller | Apr 30 |
| Tecola Hill | Apr 12 | Roger Laws | Apr 21 | | |
| Patricia Wilson | Apr 12 | Maureen Brown | Apr 24 | | |

April Anniversaries

| | | |
|---------------------------|-----------|----------|
| Kenneth & Janice Linstedt | 4/25/1953 | 68 years |
| Rudy & Patricia Schneider | 4/2/1956 | 65 years |
| Albert & Velma Steinman | 4/19/1964 | 57 years |
| Greg & Barb Klee | 4/14/1979 | 42 years |
| Brad & Lisa Richardson | 4/6/1991 | 30 years |

Volunteer of the Month



Important Update from AARP Foundation Tax Aides of Marion County

Due to the Covid-19 Virus we are unable to offer any Tax Preparation services at our Marion County AARP Tax Aide Site for this coming tax season. **We advise you to seek other means to have your 2020 Tax Returns completed** as it does not appear at this time that the Virus will be going away any time soon. Looking forward to healthy times for all and a return of tax services to the taxpayers of Marion County. Stay safe.

Sincerely,
AARP Foundation Tax Aides of Marion
Linda Loescher-LC

AGE IS NO BARRIER.
IT'S A LIMITATION
YOU PUT ON
YOUR MIND.

Jackie Joyner-Kersey

©LPi



Baked Scotch Eggs

Recipe from HealthyRecipesBlogs.com

Shared by Barb Arms

Baked Scotch eggs combine two of my favorite keto protein foods - meatballs and hard boiled eggs. They are easy to make, portable and delicious!

Ingredients:

4 large eggs
1 lb. lean ground beef
1 teaspoon Diamond Crystal kosher salt
½ teaspoon black pepper
½ teaspoon garlic powder
Olive oil spray
½ teaspoon paprika

Instructions:

Cook the eggs: remove the eggs from the fridge. Fill a small saucepan with water and bring the water to a boil. Carefully lower the eggs, one by one, into the boiling water. When the water comes back to a rolling boil, turn the heat off, cover, and remove the saucepan from the heat. Allow the eggs to cook in the residual heat for 8 minutes, then pour out the hot water and fill the saucepan with cold water. Keep the cold water running while you peel the eggs. This method should result in very easy to peel eggs.

Preheat oven to 400 degrees F. Line a rimmed baking sheet with foil and fit it with a wire rack. Spray the rack with olive oil.



In a medium bowl, mix the ground beef with the salt, pepper and garlic powder. Divide into four balls. Pat each ball into a round patty. Alternatively, you can use pre-formed beef patties and sprinkle them with salt, pepper and garlic powder.

Place each egg in the center of each beef patty. Gently stretch the beef to wrap the egg, shaping and molding it with your hands, pinching together areas where it comes apart, until each egg is fully wrapped by a ball of beef. This takes patience, but is quite doable, so don't give up.

Place the beef balls on the prepared wire rack. Spray them with olive oil and sprinkle the tops with paprika – this will give them a nice color in addition to flavor.

Bake the Scotch eggs until browned on the outside and done to your liking on the inside – I like my ground beef pink in the middle, so I bake them for 20 minutes. If you prefer yours more done, loosely cover the Scotch eggs with foil after 20 minutes and continue baking for 5-10 more minutes.

Allow the baked Scotch eggs to rest 5-10 minutes before serving. Leftovers are very tasty cold, with some hot sauce or mustard. In fact, baked Scotch eggs make a perfect picnic food, or portable snack.

Trips on the Horizon

The Lighter Side



Illegal Turn

In a hurry taking his 8-year-old son to school, a man made a right turn at a red light where it was prohibited.

“Uh-oh, I just made an illegal turn,” the man said when he realized his mistake.

“Aw, Dad, it's okay,” the son said. “The police car right behind us did the same thing.”

A Feline Find

An art collector was walking through the city one day. He did a double take when he noticed a mangy cat lapping milk from a saucer in the doorway of a store.

Knowing that the saucer was extremely old and very valuable, he walked casually into the store and offered to buy the cat for two dollars.

The store owner replied, “I'm sorry, but the cat isn't for sale.”

The collector said, “Please, I need a hungry cat around the house to catch mice. I'll pay \$20 for that cat.”

The owner said, “Sold!” and handed over the cat.

The collector continued, “Now, I wonder if you could throw in that old saucer for the \$20. The cat's used to it, and it'll save me from having to get a dish.”

To which the owner said, “Sorry, buddy, but that's my lucky saucer. So far this week, I've sold 68 cats!”

©LPi

The Most Dangerous Food

A dietitian was once addressing a group at the local senior center.

“Many things we eat aren't good for us,” she said. “Red meat is awful. Soft drinks erode your stomach lining. Processed foods are loaded with MSG.

“But there is one thing that is the most dangerous of all and most of us have eaten it,” she continued. “Can anyone tell me what food causes the most grief and suffering for years after eating it?”

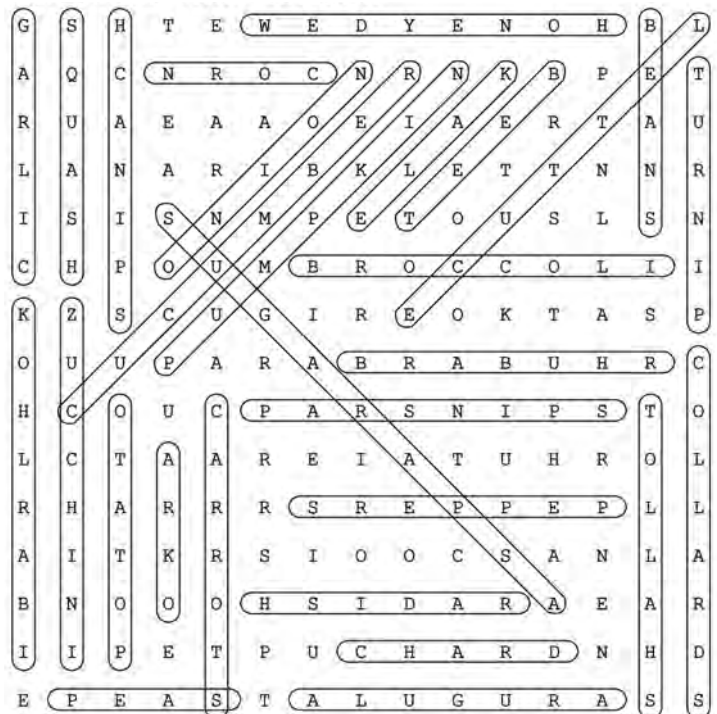
An elderly gentleman in the front row stood up and said, “Wedding cake.”

Quote

“Laughter is timeless. Imagination has no age. And dreams are forever.”

-- Walt Disney

WORD FIND ANSWERS (Pg. 7)



CROSSWORD PUZZLE ANSWERS (Pg. 6)

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | T | A | | T | A | C | K | | S | T | I | R |
| S | U | P | | E | L | A | N | | C | A | C | O |
| A | L | A | | P | A | L | E | | E | M | I | M |
| T | A | R | S | I | | | | Z | A | N | A | |
| | | | U | D | I | C | | S | E | R | A | C |
| P | I | P | E | | D | I | D | O | | I | L | A |
| A | D | O | | G | E | N | E | R | | S | T | D |
| S | E | L | | M | A | C | E | | O | K | I | E |
| S | A | I | G | A | | H | D | T | V | | | |
| | S | A | N | A | | | | E | O | L | U | S |
| I | S | H | I | | A | D | A | M | | E | R | A |
| O | M | E | N | | R | A | M | P | | A | G | A |
| D | A | R | E | | E | D | I | T | | D | E | R |

SUDOKU ANSWERS (Pg. 6)

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 6 | 3 | 8 | 1 | 5 | 4 | 7 | 9 |
| 4 | 7 | 1 | 2 | 9 | 3 | 8 | 5 | 6 |
| 5 | 9 | 8 | 7 | 4 | 6 | 1 | 3 | 2 |
| 8 | 5 | 7 | 3 | 6 | 1 | 9 | 2 | 4 |
| 3 | 4 | 6 | 9 | 5 | 2 | 7 | 8 | 1 |
| 1 | 2 | 9 | 4 | 8 | 7 | 3 | 6 | 5 |
| 9 | 3 | 2 | 6 | 7 | 4 | 5 | 1 | 8 |
| 7 | 1 | 4 | 5 | 2 | 8 | 6 | 9 | 3 |
| 6 | 8 | 5 | 1 | 3 | 9 | 2 | 4 | 7 |

ENIGMA Cryptogram Answers

E035: "An inch of time cannot be bought with an inch of gold." - Chinese Proverb

E010: "People who fly into rage always make a bad landing." - Will Rogers

On a Positive Note

“World Tai Chi Day”

World Tai Chi Day will be celebrated on **Saturday, April 24** this year.

Tai chi instructors Steve and Marlene Renick will be meeting in front of the Harding Memorial at **10 am** and have invited anyone to join them.

Of course this event is weather permitting. So, if you're interested please show up.



LIVE YOUR LIFE AND FORGET YOUR AGE.

—Norman Vincent Peale

©LPI

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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PAID
Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Cindy Jennings

Transportation Coordinator: Barb Arms

Bookkeeper: Jackie King

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

**Handicap-accessible transportation is now available!*

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.