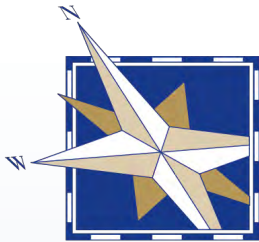


Volume 40 • Issue 7

# The Sentinel

July 2023



2375 HARDING HWY. EAST  
MARION, OHIO 43302

Office: 740-387-6100  
Transportation: 740-387-5444

**CENTER HOURS**  
Monday-Friday: 8 AM-4 PM

## INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2 & 3
Health & Fitness	4 & 5
Classes, Clubs & Activities	6 & 7
Calendar/Birthdays	8 & 9
Brain Games	10
Movie/Upcoming Events	11
Life at the Center	12
Trips on the Horizon	14
Ads	15
Directory	Back

### We Need Volunteers!

If you can volunteer a couple hours per week we will gratefully find a way to get you involved!

Sponsored By  
Kingston Residence of Marion & MEDiCare

# BLUEGRASS *and* BURGERS



Wednesday, July 19 at Noon

The summer months are finally here, and the Marion Senior Center is celebrating the warm weather with a good old-fashioned cookout, featuring scrumptious burgers flame-broiled on the grill. The menu will also include potato salad, chips and a root beer float.



Bluegrass band "*Fret Mashers*" will be performing great acoustic country folk and bluegrass music throughout the event.

Tickets are \$10 Members/\$12 Non-Members and are on sale at Marion Senior Center while they last. Public welcome!

The event will be hosted indoors in the air-conditioned comfort of the Center, rain or shine.



# Senior Center Services

## Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

## MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



## TECH TIME with Angela Thomas

Need help using your Smartphone or Tablet? **Angela Thomas** from **Beltone** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on the **third Wednesday** each month from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



## Tomato Cages

Volunteer **Kathy Hampel** recently planted some vegetables in our raised bed gardens, including tomatoes. If you have tomato cages you are no longer using, and would like to donate them for use here at the Center, please drop them off as soon as possible.

## FREE PRODUCE MARKETS

**Marion City Schools** is once again collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month from 9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds Main Entrance parking lot** located at 220 East Fairground Street. This distribution is **drive-thru only**.



## NEIGHBORHOOD SUPPER DRIVE-THRU DINNER

**St. Paul's Lutheran Church**, 135 W. Main Street in Waldo is continuing their Neighborhood Supper Drive-Thru Dinner program. It will be hosted on the **4th Tuesday** each month from **4:30 pm - 6 pm**. Pick up a warm meal, in a container, and take it home **FREE** of charge. They ask that you pull up to the door facing the parking lot and the meal will be delivered to your car. Everyone is welcome! Call **740-726-2770** for more information.



Transportation  
**740-387-5444**

## Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our transportation coordinator and van drivers who deserve special praise, going above and beyond in so many ways!

*This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.*



# Improving Seniors Lives

*Mondays at 11 am*

## Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Maddy** or **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



## Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

# Life at the Center



Adventure Club members enjoyed their first trip of the summer to explore Glacier Ridge Metro Park and a relaxing lunch at Hellas.



Debbie Pierron (center) was the winner of the drawing for a Free Funeral (\$4,595 value) compliments of sponsor Snyder Funeral Homes that was part of our recent Senior Citizens Day Celebration. She is pictured here with Snyder Funeral Homes



Last month's Tropical Luau event was a big hit, including the yummy pineapple dessert (the recipe for which is printed below).

## LaComedia Dinner Theatre Recipe **PINEAPPLE SOUFFLE**

1/4 cup butter (melted in 8 x 8 or 9 x 9 pan)

Mix together:

1 1/2 cup sugar

1 large can pineapple (20 oz)

3 slices bread, cubed

3 eggs, beaten

1/4 cup milk

Pour into baking dish with melted butter. Sprinkle with cinnamon & 1 T sugar, mixed. Bake 300° for 40 minutes. Makes approximately 12-1/2 cup servings per recipe.

*Note: Always consult your healthcare provider when contemplating new ideas to promote better health.*

# Health & Fitness

## Staying Active!

### Pickleball

Come play America's fastest growing sport... pickleball! Our outdoor pickleball courts are state-of-the-art and free to members. We also have paddles and pickleballs available for members to use. No experience is necessary. Groups usually gather on weekday mornings to play.



### Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including a treadmill, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



### Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



### Fitness Drumming

Our new fitness drumming program for seniors is hosted in the Multipurpose Room on Monday, Wednesday, and Friday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 20.

*Leaders:* Emilee Evans & Lisa Richardson



*Our Fitness Drumming class is so popular that we just added another class on Fridays. So, members can now enjoy a fun aerobic workout three days a week. Plus, members are welcome to participate seated in a chair, if they would prefer.*

# Classes, Activities & Programs

## 'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** (who teaches a class at the library every month) will host a monthly art class the **third Tuesday** of each month at **1 pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. This month's project is **"Macrame"**.

**Note:** Participants must sign up by Friday, July 14 at noon.



## Crypto Currency Scam Seminar

Ohio District 5 Area Agency on Aging is teaming up with the Ohio Attorney General to present timely information about Crypto Currency scams. The event will be hosted on **Friday, August 4 at 9:30 am** the **Brickyard on Main** located in downtown Marion. The presentation is free and refreshments will be provided. For more details call Ohio District 5 Area Agency on Aging at **(419) 524-4144**.



100 members & guests joined us for our fun Tropical Luau event last month... a few songs got folks up and onto the dance floor!

## Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

*Leader:* Shirley Groll

## Euchre

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Sonny Hunt

## Euchre

Euchre is played out front on **Thursdays** at **11:30 am**.

Everyone is welcome! *Leader:* Shirley Marshall

## Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

## Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

## Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

## Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

*Leader:* Beulah Owens

## Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

*Leader:* Kaki Anderson.

## Open Sewing

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*. Seamstress **Peni Yeoman** will begin hosting and instructing a new sewing class in the future. Stay tuned for details!

## Color Me Happy

Instructor **Clara Sisson** hosts a **Paint Marker Class** on **Wednesdays** from **11 am - 12 pm** in the *Craft Room*. All supplies will be provided. There is no cost for this class.

# Classes, Activities & Programs

## Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

## Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

## Choir Practice

Director **Ednita Vaflor** and our choir '*Seniors in Song*' practice from September through May on **Thursday** mornings at **11:30 am** in the *Multipurpose Room*. Ednita is currently seeking a few new voices to join this fun, talented group... **especially a TENOR!** Even if you're not a tenor, but enjoy singing, we welcome you to join the choir. *Note: The choir is now taking a summer break and will resume in September.*

## Recipe 'Prepare & Share'

**Recipe 'Prepare & Share'** meets on the **2nd Tuesday** at **Noon** each month to prepare and share our favorite dishes along with the recipes. This month's theme will be "Red, White & Blue". So, bring your favorite prepared dish along with copies of your recipes. This group meets out front by the kitchen. *Leader:* Kathy Hampel

## Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

## Open Billiard Room

We have 2 new pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

## Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

## Kingston Bingo

**Carma Taylor** of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

## Quarter Bingo

**Josh Rich** of *CenterWell Home Health* hosts Bingo at **2:00 pm** on the **second Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

## **New!** White Elephant Bingo

**Kylie Vetter** from *AETNA* will be hosting 'White Elephant Bingo' on the **fourth Tuesday** of each month at **10 am**. Everyone will bring in a new item, a "white elephant gift" as their entry fee. (Kylie will also have extra prizes in case). All prizes will be wrapped in tissue paper so when they Bingo, they won't know what they are picking.

## Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

## Hooks & Needles

Instructor **Candice DeWitt** hosts this fun class on the **second Tuesday each month at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too! *Note: The Craft Room will also be available every Tuesday at Noon for anyone interested in knitting or crocheting on their own.*

## **New!** Chair Yoga

Beginning July 12, Instructor **Lori Dennis** will host an **introductory 6-week session** of classes **Wednesday** mornings from **10:15 - 11am** in the **Multi-Purpose Room**. There is no cost for this initial introductory session. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors.

# July 2023 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>Open Pool Room <b>3</b> Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinochle</p>	 <p><b>4</b></p> <p>Center is Closed Today In Observance of <b>INDEPENDENCE DAY</b></p>	<p>Open Pool Room <b>5</b> Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand &amp; Foot 12:30-Open Sewing</p>	<p>Open Pool Room <b>6</b> Open Fitness Room</p> <p>8:15-Adventure Club Departs 9:00-Hand &amp; Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble 12:30-Open Craft Time</p>
<p>Open Pool Room <b>10</b> Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinochle</p>	<p>Open Pool Room <b>11</b> Open Fitness Room</p> <p>10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance &amp; BS 12:00-Recipe 'Prepare &amp; Share' 12:00-Hooks &amp; Needles 1:00-Rummikub</p>	<p>Open Pool Room <b>12</b> Open Fitness Room</p> <p>9:00-Board Meeting 9:15-Fitness Drumming 10:15-<i>New!</i> Chair Yoga 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand &amp; Foot 12:30-Open Sewing <b>2:00-<i>New!</i> Quarter Bingo</b></p>	<p>Open Pool Room <b>13</b> Open Fitness Room</p> <p>9:00-Hand &amp; Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble 12:30-Open Craft Time <b>12:30-Popcorn &amp; Movie 'Ticket to Paradise'</b></p>
<p>Open Pool Room <b>17</b> Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinochle</p>	<p>Open Pool Room <b>18</b> Open Fitness Room</p> <p>9:00-<i>New!</i> Men's Coffee Hour (Offsite at Tim Horton's) 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance &amp; BS 12:00-Hooks &amp; Needles 1:00-Rummikub <b>1:00-Exploring the Arts with Kristin</b></p>	<p><b>19</b></p> <p><b>12:00-Bluegrass &amp; Burgers</b></p> <p><i>*Note: All regularly scheduled activities are cancelled today</i></p>	<p>Open Pool Room <b>20</b> Open Fitness Room</p> <p>8:15-Adventure Club Departs 9:00-Hand &amp; Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble 12:30-Open Craft Time</p>
<p><b>24</b></p> <p><b>Senior Center is Closed Today for Food Box Day &amp; Deep Cleaning</b></p>	<p>Open Pool Room <b>25</b> Open Fitness Room</p> <p><b>10:00-<i>New!</i> White Elephant Bingo</b> 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance &amp; BS 12:00-Hooks &amp; Needles 1:00-Rummikub</p>	<p>Open Pool Room <b>26</b> Open Fitness Room</p> <p>9:00-Board Meeting 9:15-Fitness Drumming 10:15-<i>New!</i> Chair Yoga 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand &amp; Foot <b>12:00-Jam Session Lunch</b> 12:30-Open Sewing <b>1:00-Jam Session*</b></p>	<p>Open Pool Room <b>27</b> Open Fitness Room</p> <p>9:00-Hand &amp; Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble 12:30-Open Craft Time</p>
<p>Open Pool Room <b>31</b> Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinochle</p>	<p><b>Marion County Fair Senior Day</b></p>  <p>Monday, July 3 10am - 2:30pm</p>	<p><i>The Perfect Summer Event!</i></p> <p><b>BLUEGRASS and BURGERS</b></p> <p>Wednesday, July 19 Noon</p>	<p><i>Create your favorite Sundae!</i></p>  <p><b>Ice Cream Social</b></p> <p>Wednesday, August 9 Noon</p>



# Birthdays & Anniversaries

## FRIDAY

Open Pool Room **7**  
Open Fitness Room

9:15-Fitness Drumming  
11:00-Congregate Dining/Lunch  
12:30-Tai Chi

Open Pool Room **14**  
Open Fitness Room

9:15-Fitness Drumming  
11:00-Congregate Dining/Lunch  
12:30-Tai Chi

Open Pool Room **21**  
Open Fitness Room

9:15-Fitness Drumming  
11:00-Congregate Dining/Lunch  
12:30-Tai Chi

Open Pool Room **28**  
Open Fitness Room

9:15-Fitness Drumming  
11:00-Congregate Dining/Lunch  
12:30-Tai Chi

*Save the Date!*



Friday, Sept. 22 - Noon

## July Birthdays

Carol Kelly	Jul 01	Mary Moodie	Jul 11	Dona J. Ulrich	Jul 21
Toni Hurd	Jul 01	Nora Cook	Jul 11	Robin Pedersen	Jul 21
Clara Sisson	Jul 01	Judith Reamsnyder	Jul 11	Linda Laucher	Jul 22
Norma Plourde	Jul 02	Linda Leffler	Jul 14	Cecilia Witsberger	Jul 23
Debbie Pierron	Jul 02	Margie Saull	Jul 17	Gregory Klee	Jul 25
John Brockman	Jul 05	Dawn Reeser	Jul 17	Betty Hughes	Jul 26
Judy Bean	Jul 06	Stanley Foes	Jul 17	Frank Jorgensen	Jul 26
Phyllis Spires	Jul 08	Myron Brown	Jul 17	Cindy Buck	Jul 29
Darlene Alexander	Jul 08	Janie Moore	Jul 18	Linda Aufdencamp	Jul 30
Judy Walker	Jul 09	Richard Buck	Jul 18	Connie Brown	Jul 30
Elizabeth Monnette	Jul 09	John Mathew	Jul 18	Rosetta McCormack	Jul 30
Beulah Owens	Jul 10	Sandra Borders	Jul 20		
Bob Miley	Jul 11	Char Browning	Jul 21		

## July Anniversaries

Ted & Jan Elsey	7/26/1975	48 years
Clifford & Harriet Evans	7/13/2019	4 years
James & Connie Grose	7/25/1992	31 years
Fred & Terri Malone	7/15/2005	18 years
William & Marcia Weir	7/26/1970	53 years

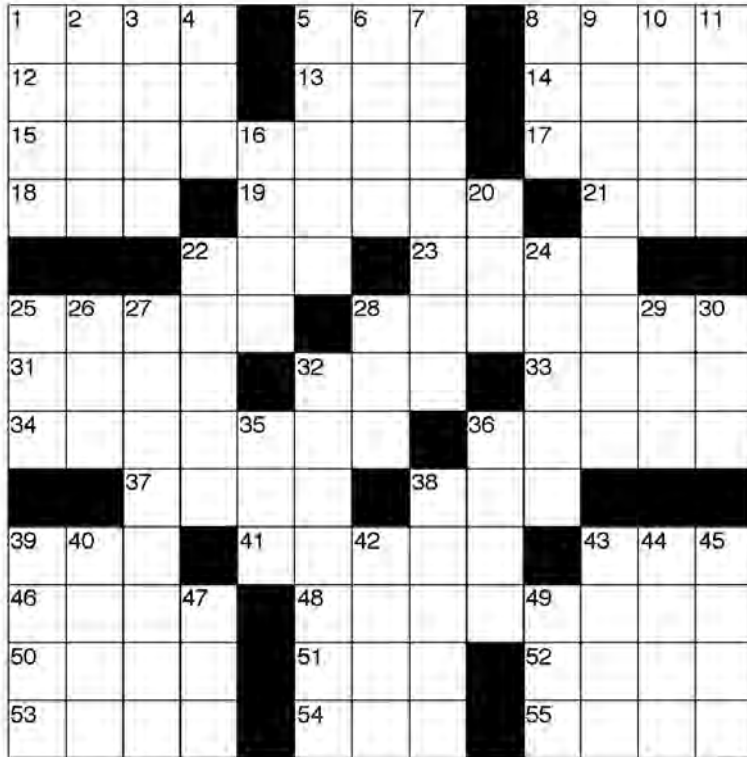
## New Members

We welcome the following New Members that have recently joined:

Arthur Carp	Patricia Kelly
Cindy Harris	Bill & Penny Schurch
Jenny Bayles	Tina Tennar
Anne McCabe	

## CROSSWORD PUZZLE

Answers on Page 13



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A59

### ACROSS

- 1 Noun-forming (suf.)
- 5 Cry
- 8 Languish
- 12 "Arabian Nights" dervish
- 13 Harem room
- 14 Swami
- 15 Anta
- 17 Adjective-forming (suf.)
- 18 Cheer
- 19 Afr. gazelle
- 21 Agent (abbr.)
- 22 Irish church
- 23 Misplaced
- 25 Card-reader's card
- 28 Lead telluride
- 31 Heb. measure
- 32 Federal Aviation Admin. (abbr.)
- 33 Letters sound
- 34 Two-footed
- 36 Ionian island
- 37 Track

- 38 Ten decibels
- 39 Fetish
- 41 State (Ger.)
- 43 Storage place
- 46 Onionlike plant
- 48 Cuban dance
- 50 Jewelry setting
- 51 Poetic contraction
- 52 City in Judah
- 53 Eng. statesman
- 54 Electric reluctance unit
- 55 Love of Abie

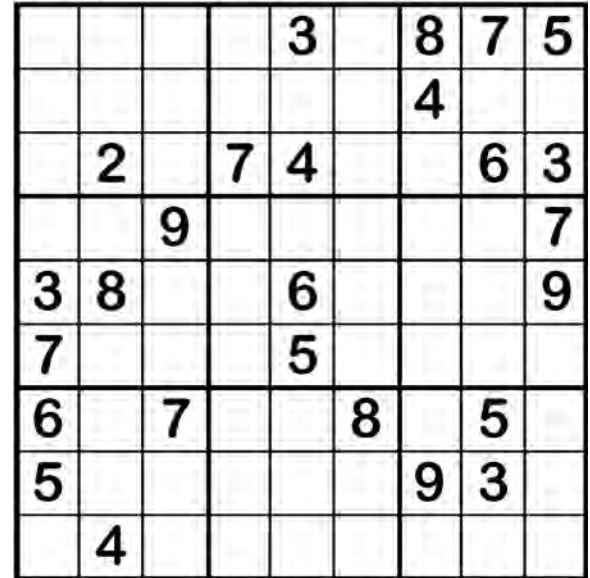
### DOWN

- 1 Small goby
- 2 Norse mythical hero
- 3 Victory site of Nelson
- 4 To be announced (abbr.)
- 5 Yuccalike plant
- 6 Polish border river
- 7 Saltwort
- 8 For your information (abbr.)
- 9 Site
- 10 Amalekite king
- 11 Young female pig
- 16 Sort comedy sketch
- 20 Used to express negation
- 22 Chosen nation
- 24 Palmetto
- 25 Afr. cotton garment
- 26 Male friend (Fr.)
- 27 Temporary relief
- 28 Mulberry of India
- 29 Child
- 30 Woman; obs.
- 32 Hesitate
- 35 Hades
- 36 Greek letter
- 38 Confusion
- 39 Gr. leather flask
- 40 Bauble
- 42 Rhine tributary
- 43 Palm liquor
- 44 Cleopatra's attendant
- 45 Appoint
- 47 Jap. game of forfeits
- 49 Grandfather of Saul

Answers on Page 13

## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★☆☆☆☆

## ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "F" = "R"

"LFCYLKFBH JY AJUJSX KVYJAH  
VST RVLLJAH JS BRK FKVA  
GCFAT, GRKBRKF HCZ RVUK  
DCSKH CF SCB."

- OKFFH XKAAJY

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E073

## ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "T" = "E"

"RGT EDKWBT DS NUST UQ  
KQXWTMUERLJNT, QD DQT ELQ  
IWURT GUB LKRJDZWLXGA UQ  
LMFLQET."

- LJWLGLH V. GTBEGTN

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E074



## Marion County Fair 'SENIOR DAY'

Join us for **Senior Day** at the **Marion County Fair** on **Monday, July 3** from **10 am - 2:30 pm**. The event returns to being hosted inside the Fairgrounds Coliseum this year!

**Free Entry at Fair Gate until 2 pm with a non-perishable food item!**

10:00 - Welcome  
 10:15 - Entertainment  
 12:00 - Lunch  
 (\$4 first 300 served)  
 1:00 - Game Time  
 2:30 - Door Prizes

*Sponsored by Kingston Residence of Marion & OhioHealth, with help from Marion County Council on Aging*

## Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Bluegrass & Burgers** - Wednesday, July 19
- **Ice Cream Social** - Wednesday, August 9
- **Chili Autumn Event** - Friday, September 22

## New! Men's Coffee Hour

**Josh Rich** (*CenterWell Home Health*) and **Brandt Kleinschmidt** (*Humana*) are co-hosting a **Men's Coffee Hour** on the **third Tuesday** of each month. Any Senior Center men interested in fellowship (and 'solving all the world's problems' over a fresh hot cup of coffee) are welcome to join in the fun. The next Men's Coffee Hour will be hosted at **Tim Hortons** located at 1325 Mt. Vernon Avenue in Marion on **Tuesday, July 18** from **9 - 10 am**.



## ◀◀ Popcorn & Movie ▶▶ Thursday, July 13 - 12:30 pm 'Ticket to Paradise'

Romantic comedy starring **George Clooney** and **Julia Roberts** as a divorced couple who team up to sabotage the impending wedding of their lovestruck daughter to keep her from making the same mistake they once made.



## Dementia Support Group

Marion County Council on Aging will be hosting a **Dementia Support Group** at their offices located at 125 Executive Drive, Suite 102, Marion. The group will meet the **second Tuesday** at **1 pm** on the following months/dates:

- **Tuesday, July 11**
- **Tuesday, August 8**



Refreshments will be provided.

For more info call Marion County Council on Aging at **740-387-0401**.

# *Trips on the Horizon*

*\*One night's Lodging on Overnight Trips per person cost is based on double or single occupancy.*

## **Sandusky Day Trip** *September 13, 2023*

We will travel via Senior Center transportation vans to Sandusky, OH to visit the Lagoon Deer Park, you can purchase bags of feed for the deer (\$1, \$2 or \$5 per bag depending on size you want). Next we'll visit the Merry-Go-Round Museum, where you'll enjoy a fun and relaxed atmosphere while you tour the Museum and learn about the history and art of the carousel plus ride a working vintage carousel. We'll complete our trip by visiting Firelands Winery, for a Tour & Tasting of their world-class wines. Cost of trip is \$59, which includes transportation admission to the Deer Park, Merry Go Round Museum, and the winery tour & tasting. This trip is limited to 22 participants. **Reserve your spot NOW with a non-refundable \$20 deposit.**

## *Overnight Trip* **Creation Museum & The Ark** *July 17 & 18, 2023*

We will travel to Kentucky and visit the Ark Encounter and enjoy a buffet lunch (included). The Ark Encounter features a full-size replica of Noah's Ark, built according to the dimensions given to us in the Bible. Meet Noah, his family, and the animals on the Ark. Following our time at the Ark we will check in our hotel where you can freshen up before dinner (on your own). We will visit the Creation Museum the next day, with time to explore this huge 75,000 square-foot facility that allows you to experience history as God has revealed it in the Bible. Nearly 150 exhibits featuring fearsome animatronic dinosaurs, talking heroes of the faith, and professional displays that honor God's Word. After our visit we will visit Jungle Jim's International Market before departing for home. Cost of trip is \$295 double; \$371 single. \* **Reserve your spot NOW with a non-refundable \$20 deposit.**

## **Senior Day at Ohio State Fair** *August 1, 2023*

We will travel via Senior Center transportation vans to Columbus on **Tuesday, August 1** to attend 'Senior Day' at the Ohio State Fair. Along with visiting the many free attractions, all participants are invited to enjoy the free 1964 The Tribute (Beatles Tribute) concert in the WCOL Celeste Center at 1 p.m.

Trip is limited to 22 participants. Cost is \$25 Members/\$35 Non-members. **Sign up NOW with a non-refundable full payment of \$25 Members/\$35 Non-members.**

## **Frankenmuth Overnight** *August 15 & 16, 2023*

We will travel to Frankenmuth, Michigan, a town known for its distinctive Bavarian-style architecture and home to Bronner's CHRISTmas Wonderland, the world's largest Christmas store. Christmas Lane at Bronner's is illuminated 365 days a year with over 50,000 strings of lights and Christmas cookies can be found year round as well in Christmas Town USA. Dinner at the Bavarian Inn will take you to the heart of Bavaria with delicious ethnic dishes as well as Great American food. Lots of free time to stroll through the shops and enjoy the world-famous Glockenspiel. Trip includes one breakfast and one dinner. Cost of trip per person is \$255 double; \$337 single\*. **Reserve your spot NOW with a non-refundable \$20 deposit.**

## **Glass Rooster** *Tuesday August 29, 2023*

We will depart the Center at **10:30 am** and travel to Glass Rooster Cannery located on a 120-acre sustainable farm near Sunbury, OH. We will enjoy a farm-to-table lunch including broasted chicken, a garden side, roasted potatoes and their signature bread with a dessert. Following lunch, there will be a short break, at which time you are welcome to take a walk or shop in their country store. Next we will take part in a hands-on soap making class. Each guest will take home two bars of soap custom made by them. On our return trip home we will visit the historic Owens Quarry Opera House, restored from the 1870s. Experience life as it were in the 1800's with several architectural restorations – a covered bridge, a blacksmith barn, a small Indian settlement, and more. The cost for this event is \$99 per person, all inclusive. Trip limited to 22 participants. **Reserve your spot NOW with a non-refundable \$20 deposit.**

## **Lake Erie Island Hopping** *August 30, 2023*

We will travel to Sandusky, OH to board the 'Goodtime' cruise ship for our Lake Erie island hopping experience. The 'Goodtime' is captained by Marion's very own Captain John Probst. Our first stop will be Kelleys Island to spend a little time exploring this island community. We will then depart and enjoy a buffet lunch onboard the ship as we travel to our next stop at Put-In-Bay. After having ample time to enjoy the island, we will then cruise back to the mainland for our return home. Cost of trip is \$176. **Reserve your spot NOW with a non-refundable \$20 deposit.**

**CROSSWORD PUZZLE ANSWERS (Pg. 10)**

M	E	N	T		S	O	B		F	L	A	G
A	G	I	B		O	D	A		Y	O	G	I
P	I	L	A	S	T	E	R		I	C	A	L
O	L	E		K	O	R	I	N		A	G	T
				K	I	L		L	O	S	T	
T	A	R	O	T		A	L	T	A	I	T	E
O	M	E	R		F	A	A		B	O	O	M
B	I	P	E	D	A	L		Z	A	N	T	E
				R	A	I	L		B	E	L	
O	B	I		S	T	A	A	T		B	I	N
L	E	E	K		H	A	B	A	N	E	R	A
P	A	V	E		E	R	E		E	N	A	M
E	D	E	N		R	E	L		R	O	S	E

**SUDOKU ANSWERS (Pg. 10)**

4	9	6	2	3	1	8	7	5
1	7	3	5	8	6	4	9	2
8	2	5	7	4	9	1	6	3
2	5	9	8	1	3	6	4	7
3	8	1	4	6	7	5	2	9
7	6	4	9	5	2	3	8	1
6	3	7	1	9	8	2	5	4
5	1	2	6	7	4	9	3	8
9	4	8	3	2	5	7	1	6

**ENIGMA Cryptogram Answers (pg. 10)**

**E073:** "Prosperity is living easily and happily in the real world, whether you have money or not" - Jerry Gellis

**E074:** "The course of life is unpredictable, no one can write his autobiography in advance." - Abraham J. Heschel

# *Trips on the Horizon*

## **Amish Country Day Trip**

***October 5, 2023***

**Note the new date!** After further consideration, we will once again be offering this highly popular trip to Amish Country as a **Day Trip**. We will depart at 8 am and travel via Pioneer motorcoach to Amish Country in eastern Ohio on **Thursday, October 5**. This date should work well with the peak season of vibrant fall foliage. Full details were not available at press time but should be available in early July and will be published in the August newsletter. So, mark your calendars. Cost of trip is to be determined (TBD). **Reserve your spot NOW with a non-refundable \$20 deposit.**

**Important Note:** Please don't delay in signing up for trips you are really interested in with a deposit ASAP! This will help us avoid cancelling trips due to lacking the necessary number of signups by trip deadlines.

**Departure Times:** Unless otherwise noted, all trips will depart the Senior Center at 8am.

## ***LaComedia Dinner Theatre: 'Miracle on 34th Street'***

***November 8, 2023***

Sit back and relax as we travel to the LaComedia Dinner Theatre in Springboro, OH for their production of 'Miracle on 34th Street'. The touching story of a young girl and her mother first denying and then discovering that Macy's Santa is the real Santa Claus. We will enjoy a great dinner and a wonderful show! Cost of trip is \$124. **Reserve your spot NOW with a non-refundable \$20 deposit.**

## ***Overnight Trip Oglebay/Wheeling Downs***

***December 6 & 7, 2023***

We will begin our trip through Ohio to Wheeling, West Virginia for our visit to Wheeling. We will visit Oglebay Park for the Festival of Lights, the Mansion Tour, the Glass Museum and the Good Zoo. We'll enjoy a dinner show before getting a good night's rest. We will spend some time at Wheeling Downs Casino before returning home. Cost of trip is \$309 double; \$369 single.\* **Reserve your spot NOW with a non-refundable \$20 deposit.**

## Marion Senior Center

2375 Harding Hwy. E.  
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.  
Monday through Friday  
Office: 740-387-6100  
Transportation: 740-387-5444

NON-PROFIT  
U.S. Postage  
PAID  
Marion, OH  
Permit #23

## Directory

**Director:** Steve Badertscher

**Activity Coordinator:** Lisa Richardson

**Social Service Coordinator:**  
Emilee Evans

**Transportation Coordinator:**  
Sierra Blanton

**Development Assistant:** Sheryl Simmons

**Maintenance Supervisor:**

Visit the Marion Senior Center  
website at: [www.marionseniorcenter.com](http://www.marionseniorcenter.com)

Email: [info@marionseniorcenter.com](mailto:info@marionseniorcenter.com)  
or follow us on Facebook



### **Need a Ride? Transportation Available for Seniors**

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444**

***\*Handicap-accessible transportation is now available!***

### **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

*Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.*